

Prior to the treatment, blood is drawn from the subjects to determine the baseline cholesterol level. Next, the subjects are treated for a period of time with the compound or extract and their cholesterol levels are measured.

5 It is envisioned that treatment with berry extracts or compositions may decrease plasma cholesterol levels. Thus, the compositions of the present invention may be an anti-cholesterol agent.

\* \* \*

10 All of the compositions and methods disclosed and claimed herein can be made and executed without undue experimentation in light of the present disclosure. While the compositions and methods of this invention have been described in terms of preferred  
embodiments, it will be apparent to those of skill in the art that variations may be applied  
to the compositions and methods and in the steps or in the sequence of steps of the  
method described herein without departing from the concept, spirit and scope of the  
invention. More specifically, it will be apparent that certain agents which are both  
15 chemically and physiologically related may be substituted for the agents described herein  
while the same or similar results would be achieved. All such similar substitutes and  
modifications apparent to those skilled in the art are deemed to be within the spirit, scope  
and concept of the invention as defined by the appended claims.

## REFERENCES

The following references, to the extent that they provide exemplary procedural or other details supplementary to those set forth herein, are specifically incorporated herein by reference.

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